



# Colorado Book Club Resource

## DISCUSSION QUESTIONS FOR MILK AND HONEY BY RUPI KAUR

1. Of the four sections, which resonated the most with you and why?
2. Which poem or line of poetry was your favorite and why?
3. How did the book make you feel as you were reading it?
4. What do you think of Kaur's simplistic writing style? Does this make the book more accessible or relatable?
5. How did you like the drawings in the book? Did they add to or detract from the reading experience for you?
6. How do you think channeling Kaur's own experiences allowed her to connect so deeply with others?
7. This book has been described as being something that every single woman needs to read. Do you agree? Why or why not?
8. Poetry is not the most popular form of art in today's society. Why do you think this book in particular is such a hit?
9. Do you think Milk and Honey opened doors for other writers looking to write similar books? Will people be more open to poetry? Will you read more poetry now?
10. If you could meet the author, what would you want to ask her?

***Discussion questions provided by Galesburg Public Library.***



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